PROGRESS & MASTERY RECORD

1MA1 Nov 2026 Paper 3H — Success Tracker

GCSE Mathematics • Standard Higher (Calculator)

Name:_____ **Target Grade:**_____ **Date Started:**_____

How to build exam confidence (no totals or percentages needed):
Tick Nailed It when you solve a question right first time. If you get stuck, scan the QR code and tick Watched Clip. Once you complete the Practice Perfect set and re-solve the question cold, tick Mastered It—use Come Back to flag a question and note when you reviewed it.

Q#	Topic Focus	Nailed It	Watched Clip	Mastered It	Come Back	Marks	Review Date
1	Map & Model Scales & Zero Index Law	☐	☐	☐	☐	/4	__ / __
2	Averages & Range Reverse Problem (Median, Mode, Range)	☐	☐	☐	☐	/3	__ / __
3	Upper & Lower Bounds (1 Decimal Place)	☐	☐	☐	☐	/2	__ / __
4	Expanding Quadratics, Factorising & Linear Equations	☐	☐	☐	☐	/7	__ / __
5	Back Bearings (Angles & Parallel Lines)	☐	☐	☐	☐	/2	__ / __
6	Volume of a Cylinder	☐	☐	☐	☐	/3	__ / __
7	Currency Exchange & Ratio Multi-Step Problem	☐	☐	☐	☐	/5	__ / __
8	Speed, Distance & Time (Converting km/h to m/s)	☐	☐	☐	☐	/3	__ / __
9	Probability Table & Ratio Problem	☐	☐	☐	☐	/4	__ / __
10	Negative & Zero Laws of Indices	☐	☐	☐	☐	/5	__ / __
11	Compound Depreciation & Finding Percentage Increase	☐	☐	☐	☐	/4	__ / __
12	Angles in Regular Polygons (11-Sided Polygon)	☐	☐	☐	☐	/4	__ / __
13	Product Rule for Counting (4-Digit Even Security Code)	☐	☐	☐	☐	/3	__ / __
14	Cubic Graphs (Table, Plotting & Solving Roots)	☐	☐	☐	☐	/6	__ / __
15	Completing the Square & Turning Point Coordinates	☐	☐	☐	☐	/4	__ / __
16	Iterative Growth & Decay (Finding Constant k)	☐	☐	☐	☐	/3	__ / __
17	3D Pythagoras & Trigonometry in a Square Pyramid	☐	☐	☐	☐	/5	__ / __
18	Histograms (Frequency Density & Median Class)	☐	☐	☐	☐	/4	__ / __
19	Algebraic Proof (Difference of Consecutive Odd Squares)	☐	☐	☐	☐	/4	__ / __
20	Similar Cones & Frustum Volume / Surface Area	☐	☐	☐	☐	/5	__ / __

HABIT & SUCCESS MILESTONES (TICK AS YOU COMPLETE THEM)

☐ Completed the full paper ☐ Watched clips for tricky questions ☐ Completed practice sets ☐ Re-solved flagged questions cold

Biggest win on this paper (a topic I couldn't do before, but can do now):